



# Moody Stars Monthly

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## March/April

Welcome to the March/April Issue of the Moody Schools' BiMonthly Newsletter.



Welcome Spring!

It's been wonderful to have the sunshine and warmer days. We've been learning about community helpers and our students all participated in fire drills over the last few weeks. It was exciting to see the Haverhill Fire Department at work and keeping us safe!

I hope you have time to enjoy these warm days!

Enjoy our March/April Spring Newsletter :)

-Kristi-Lynn Kurczy, Principal

### Calendar reminders:

- April 24 - ½ day, all students dismissed at 11:30, no PM session
- May 27th - Memorial Day, No School
- June 12th - Last day of school for all students



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TOP STORIES



## Moody Culture Survey

by [The Moody School Team](#)

Each year the Moody team evaluates our staff and community culture in order to ensure our practices are inclusive and supportive for all. Please take a moment to help us by filling out our Moody Culture Survey. It should take approximately 10-15 minutes to complete. If you are willing to support us in this way, please complete the survey by June 1st.

English/Spanish can be found [HERE](#)

Arabic can be found [HERE](#)

Thank you for taking the time to help us in this way!

## Home Exercises and Activities from the OT Department

by [The Occupational Therapy Team](#)

Miss Christie - [cbroderick@haverhill-ps.org](mailto:cbroderick@haverhill-ps.org), Miss Maureen - [mmckean@haverhill-ps.org](mailto:mmckean@haverhill-ps.org), Miss Nicole - [nicole.surette@haverhill-ps.org](mailto:nicole.surette@haverhill-ps.org)

*This month we are looking to build your child's upper body strength. This is important because it provides the stability you need to use your hands with skill. We hope you all have lots of FUN at home with these activities to build your child's upper body strength!*

<p><b><u>Crawling Games to Play:</u></b></p> <p>Wheelbarrow walk, create an obstacle course with piles of couch cushions to climb over, tables and chairs to climb</p>	<p><b><u>Proximal Stability and Upper Body Strengthening</u></b></p> <p>Keep hands and feet on the ground</p>
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under and logrolling (can incorporate some homemade pins with empty bottles and make it a log rolling bowling game)

and lift your hips up.



**Upper Body Strengthening Activity:**

Have your child lie on their belly on the floor propped up on their forearms to play a game, read a book or do a puzzle. Make sure they do not use their hand to hold their head up.



## Wellness Reminders ...

by **the Moody Nursing and Administrative Team**



Students should not come to school if any of the following are true:

- Fever (elevated temperature of 100.0 or higher). Students must remain home until fever-free for 24 hours without the use of fever-reducing medicines such as acetaminophen (Tylenol) or ibuprofen (Motrin or Advil).
- Vomiting and/or diarrhea, with 2 or more episodes within the previous 24 hours or during the school day. Once dismissed, the student may not return to school until there has been no vomiting and/or diarrhea for 24 hours.
- Rash of unknown origin, particularly those accompanied by fever or behavior change suggestive of infectious disease. Must be evaluated by a doctor and must have documentation that the student is able to return to school and is not contagious.
- Live head lice. Must be treated at home, and then re-checked by the school nurse, preferably with parent/guardian present, upon return to school.
- Irritability, lethargy, persistent crying, difficulty breathing, or other signs of severe illness.



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## ★ Books We Love!

by **Teachers and Staff**

- Little Cloud by Eric Carle
- Rain by Manya Stojic



## ★ Ways to support our schools ...

by **Moody Team**

You can support the Moody Schools by ...

- Sending in tissues and hand wipes
- Participating in our PTO!
- Becoming a substitute
- Donate size 3T-8 pants and socks

## Routine Recommendations ...

by **the Moody Team**

A reminder of our drop off and pick up times:

- AM session - Students are welcomed by teachers beginning at 9am. Dismissal is at 11:30, please be prompt if you are picking up your child. Call the office if you are running more than 5 minutes late.
- PM session - Students are welcomed by teachers beginning at 12:45pm. Dismissal is at 3:15pm, please be prompt if you are picking up your child. Call the office if you are running more than 5 minutes late.

## Don't Forget ...

by **the Main Office**

- When sending snacks with your children, please no candy.
- Dress in layers and be prepared for any weather.
- Label all clothing items and personal belongings with your child's name.

Read more on our Websites:

[Moody Extension at Crowell](#)  
[Moody on the River](#)

Read more on our Facebook Pages:

[Moody Extension at Crowell](#)  
[Moody on the River](#)

